

## July 2025 - Gayawur Online Events





IR W Beings	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			2	3	4	5	6
	Mindful Self-Care Practice 12pm - 12.45pm	8	9	10		12	13)
	Mindful Self-Care Practice 12pm - 12.45pm	15	16	17	18	19	20
7 7 8 3 5	Mindful Self-Care Practice 12pm - 12.45pm	22	23	24	25	26	27
3)	Mindful Self-Care Practice 12pm - 12.45pm	29	30	31			